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## How to Hold a Meeting

Meetings are your group's avenue to provide community, education, do service projects, accomplish tasks, and work together as a team. If you want to keep members coming back, make sure your meetings are fun and exciting.

### When should I hold meetings?

Protect Life Michigan recommends holding a meeting every other week on a night that doesn't conflict with like-minded student organizations. It is critical that your meetings are consistent: same time, same day of the week, same location, and never canceled. Consistency yields better fruit. Don't have a lot to cover at your meeting? That's fine! Use your time together to watch an educational YouTube video, hang flyers on campus, or visit a pregnancy center.

### What should I share at meetings?

- Remember that, first and foremost, meetings should be fun and engaging. Include free food, ice breakers, outreach activities, apologetics practice, service projects, etc. Make sure you have a "welcome committee" to help interact with every student who attends.
- Briefly discuss previous events, and ask if anyone has questions about them.
- Talk about upcoming events and meetings, and share details about them. Delegate tasks.
- Promote a larger event. Share videos and stories to get your group excited. Encourage them to invite friends and take on a task to help garner better attendance.
- Do your best to make the meeting interactive. Ask for input from the members.
- Consider some of the activities and events they would like to do as a team.
- Share a piece of pro-life news with the group.

### What should I provide at the meetings?

- A printed outline for the meeting of topics that will be discussed and dates for upcoming events/meetings.

- Goodies. This is the perfect place to give away pro-life stickers, event fliers, candy (Life-savers, anyone?), or free resources.
- Provide some sort of free food. Food always draws a crowd!

**How can I make the meetings more engaging and fun?**

- Approach each meeting as an engaging conversation, not a one-sided presentation.
- Show a video. It may be something educational, something motivating, something funny. Switch it up.
- Make a Powerpoint. Visuals help members learn and engage.
- Talk about your experiences. While doing pro-life work, you are bound to have some stories...good, touching, bad, funny, awkward. Share with the group!
- Play a game! Do an ice breaker (...because everyone loves ice-breakers, right? ;))

*Contact Protect Life Michigan to create a custom plan for your next meeting:*

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